

SMÄRTKUBEN[⚡]

Forskningsreferenser

Flertalet av forskningsreferenserna finns omnämnda i följande översiktsartikel:

- A. Samulowitz, I Gremyr, E. Eriksson, G. Hensing, "Brave men" and "Emotional women": A theory-guided literature review on gender bias in health care and gendered norms towards patients with chronic pain," *Pain Research and Management*, 2018.
<https://doi.org/10.1155/2018/6358624>

Det görs skillnad!

- Fler män får smärtlindrande läkemedel

- E. H. Chen, F. S. Shofer, A. J. Dean et al., "Gender disparity in analgesic treatment of emergency department patients with acute abdominal pain," *Academic Emergency Medicine*, vol. 15, no. 5, pp. 414–418, 2008.
- R. B. Fillingim, C. D. King, M. C. Ribeiro-Dasilva, B. Rahim-Williams, and J. L. Riley, "Sex, gender, and pain: a review of recent clinical and experimental findings," *Journal of Pain*, vol. 10, no. 5, pp. 447–485, 2009.
- C. R. Green, J. R. Wheeler, and F. LaPorte, "Clinical decision making in pain management: contributions of physician and patient characteristics to variations in practice," *Journal of Pain*, vol. 4, no. 1, pp. 29–39, 2003.
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- B. Lord, J. Cui, and A.-M. Kelly, "The impact of patient sex on paramedic pain management in the prehospital setting," *American Journal of Emergency Medicine*, vol. 27, no. 5, pp. 525–529, 2009.
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- M. Racine, D. Dion, G. Dupuis et al., "Canadian STOP-PAIN project: the burden of chronic pain—does sex really matter?" *Clinical Journal of Pain*, vol. 30, no. 5, pp. 443–452, 2014.
- G. Schäfer, K. M. Prkachin, K. A. Kaseweter, A. C. de C Williams, "Health providers' judgements in chronic pain: the influence of gender and trustworthiness," *Pain*, vol. 157, pp. 1618–1625, 2016.
- R. C. Tait, J. T. Chibnall, and D. Kalauokalani, "Provider judgments of patients in pain: seeking symptom certainty," *Pain Medicine*, vol. 10, no. 1, pp. 11–34, 2009.

- Fler kvinnor får remiss till psykolog

- S. F. Bernardes, M. Costa, and H. Carvalho, "Engendering pain management practices: the role of physician sex on chronic low-back pain assessment and treatment prescriptions," *Journal of Pain*, vol. 14, no. 9, pp. 931–940, 2013.
- K. Hamberg, G. Risberg, E. E. Johansson et al., "Gender bias in physicians' management of neck pain: a study of the answers in a Swedish national examination," *Journal of Women's Health & Gender-Based Medicine*, vol. 11, no. 7, pp. 653–666, 2002.
- A. T. Hirsh, N. A. Hollingshead, M. S. Matthias, M. J. Bair, and K. Kroenke, "The influence of patient sex, provider sex, and sexist attitudes on pain treatment decisions," *Journal of Pain*, vol. 15, no. 5, pp. 551–559, 2014.
- A. Hirsh, N. Hollingshead, M. Bair, M. S. Matthias, J. Wu, and K. Kroenke, "The influence of patient's sex, race and depression on clinician pain treatment decisions," *European Journal of Pain*, vol. 17, no. 10, pp. 1569–1579, 2013.

- Psykofarmaka förskrivs oftare till kvinnor

- R. B. Fillingim, C. D. King, M. C. Ribeiro-Dasilva, B. Rahim-Williams, and J. L. Riley, "Sex, gender, and pain: a review of recent clinical and experimental findings," *Journal of Pain*, vol. 10, no. 5, pp. 447–485, 2009.

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- M. Racine, D. Dion, G. Dupuis et al., "Canadian STOP-PAIN project: the burden of chronic pain—does sex really matter?" *Clinical Journal of Pain*, vol. 30, no. 5, pp. 443–452, 2014.

På tal om smärta

- **Kvinnors och mäns berättelser om smärta uppfattas på olika sätt**
 - V. Elderkin-Thompson, H. Waitzkin, "Differences in clinical communication by gender," *Journal of General Internal Medicine*, vol. 14, pp. 112–121, 1999.
 - E. Keogh, "Gender differences in the nonverbal communication of pain: A new direction for sex, gender, and pain research?," *Pain*, vol. 155, pp. 1927–1931, 2014.
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- **När män beskriver sin smärta uppfattas de som mer trovärdiga jämfört med kvinnor**
 - D. E. Hoffmann and A. J. Tarzian, "The girl who cried pain: a bias against women in the treatment of pain," *Journal of Law, Medicine & Ethics*, vol. 28, no. 4, pp. 13–27, 2001.
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- **Män kräver, kvinnor vill inte vara till besvär**
 - Temat valdes utifrån erfarenhetskunskap av både patienter och personal som framkom i intervjuer/gruppsamtal
- **Män söker orsaken till smärtan i yttre faktorer**
 - B. Ahlsen, H. Bondevik, A. M. Mengshoel, and K. N. Solbrække, "(Un)doing gender in a rehabilitation context: a narrative analysis of gender and self in stories of chronic muscle pain," *Disability and Rehabilitation*, vol. 36, no. 5, pp. 359–366, 2014.
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- S. L. Solimeo, T. J. Weber, and D. T. Gold, "Older men's explanatory model for osteoporosis," *Gerontologist*, vol. 51, no. 4, pp. 530–539, 2011.
- Kvinnor söker orsaken till smärtan hos sig själva
 - D. Côté and M.-F. Coutu, "A critical review of gender issues in understanding prolonged disability related to musculoskeletal pain: how are they relevant to rehabilitation?" *Disability and Rehabilitation*, vol. 32, no. 2, pp. 87–102, 2009.
 - M. Gustafsson, J. Ekholm, and A. Öhman, "From shame to respect: musculoskeletal pain patients' experience of a rehabilitation programme, a qualitative study," *Journal of Rehabilitation Medicine*, vol. 36, no. 3, pp. 97–103, 2004.
 - M. Pujal and E. Mora, "Subjectivity, health and gender: an approach to chronified pain through the Psychosocial Gender Diagnostic methodology," *Estudios de Psicología*, vol. 35, no. 2, pp. 212–238, 2014.
 - A. Werner, S. Steihaug, and K. Malterud, "Encountering the continuing challenges for women with chronic pain: recovery through recognition," *Qualitative Health Research*, vol. 13, no. 4, pp. 491–509, 2003.

Ska det vara så här?

- Kvinnor med smärta förväntas prioritera hem och familj
 - B. Ahlsen, H. Bondevik, A. M. Mengshoel, and K. N. Solbrække, "(Un)doing gender in a rehabilitation context: a narrative analysis of gender and self in stories of chronic muscle pain," *Disability and Rehabilitation*, vol. 36, no. 5, pp. 359–366, 2014.
 - K. K. Barker, "Listening to Lyrica: contested illnesses and pharmaceutical determinism," *Social Science & Medicine*, vol. 73, no. 6, pp. 833–842, 2011.
 - L. H. Clarke and E. Bennett, "'You learn to live with all the things that are wrong with you': gender and the experience of multiple chronic conditions in later life," *Ageing and Society*, vol. 33, no. 2, pp. 342–360, 2013.
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 - E. Damsgård, A. Dewar, C. Røe, and T. Hamran, "Staying active despite pain: pain beliefs and experiences with activity related pain in patients with chronic musculoskeletal pain," *Scandinavian Journal of Caring Sciences*, vol. 25, no. 1, pp. 108–116, 2011.
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 - D. S. Nielsen, K. Brixen, and L. Huniche, "Men's experiences of living with osteoporosis: focus group interviews," *American Journal of Men's Health*, vol. 5, no. 2, pp. 166–176, 2011.
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 - S. L. Solimeo, T. J. Weber, and D. T. Gold, "Older men's explanatory model for osteoporosis," *Gerontologist*, vol. 51, no. 4, pp. 530–539, 2011.

Vem får höra vad?

- Kvinnor och män får olika råd om egenvård
 - L. Kvam, A. H. Eide, and K. Vik, "Understanding experiences of participation among men and women with chronic musculoskeletal pain in vocational rehabilitation," *Work*, vol. 45, no. 2, pp. 161–174, 2013.

- G. Stenberg, A. Fjellman-Wiklund, and C. Ahlgren, "‘I am afraid to make the damage worse’—fear of engaging in physical activity among patients with neck or back pain—a gender perspective," *Scandinavian Journal of Caring Sciences*, vol. 28, no. 1, pp. 146–154, 2014.
- Flera strecksatser bygger på erfarenhetskunskap av både patienter och personal som framkom i intervjuer/gruppsamtal

Vad är på riktigt?

Citaten kommer från patientintervjuer som genomfördes i Västra Götalandsregionen 2016

- Kvinnor med smärta upplever att de inte ses som "riktiga patienter"
 - K. K. Barker, "Listening to Lyrica: contested illnesses and pharmaceutical determinism," *Social Science & Medicine*, vol. 73, no. 6, pp. 833–842, 2011.
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 - H. Skuladottir and S. Halldorsdottir, "Women in chronic pain: sense of control and encounters with health professionals," *Qualitative Health Research*, vol. 18, no. 7, pp. 891–901, 2008.
 - M. Upmark, K. Borg, and K. Alexanderson, "Gender differences in experiencing negative encounters with healthcare: A study of long-term sickness absentees," *Scandinavian Journal of Public Health*, vol. 35, pp. 577–584, 2007.
 - A. Werner, L. W. Isaksen, and K. Malterud, "‘I am not the kind of woman who complains of everything’: illness stories on self and shame in women with chronic pain," *Social Science & Medicine*, vol. 59, no. 5, pp. 1035–1045, 2004.
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 - A. Werner and K. Malterud, "It is hard work behaving as a credible patient: encounters between women with chronic pain and their doctors," *Social Science & Medicine*, vol. 57, no. 8, pp. 1409–1419, 2003.
- Män med smärta upplever att de inte ses som "riktiga män"
 - B. Ahlsen, A. M. Mengshoel, and K. N. Solbrække, "Shelter from the storm; men with chronic pain and narratives from the rehabilitation clinic," *Patient Education and Counseling*, vol. 89, no. 2, pp. 316–320, 2012.

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