

Cross-sectoral Collaboration

Bringing together health and education to promote
healthy relationships among youth

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A waterfall and a case?



A waterfall and a case?



The Fourth R

- A **relationship**-based approach to prevent adolescent violence and related risk behaviours
- School based comprehensive prevention approach.
- Focus on skills development
- Initial program aligned with Grade 9 Health Curriculum expectations

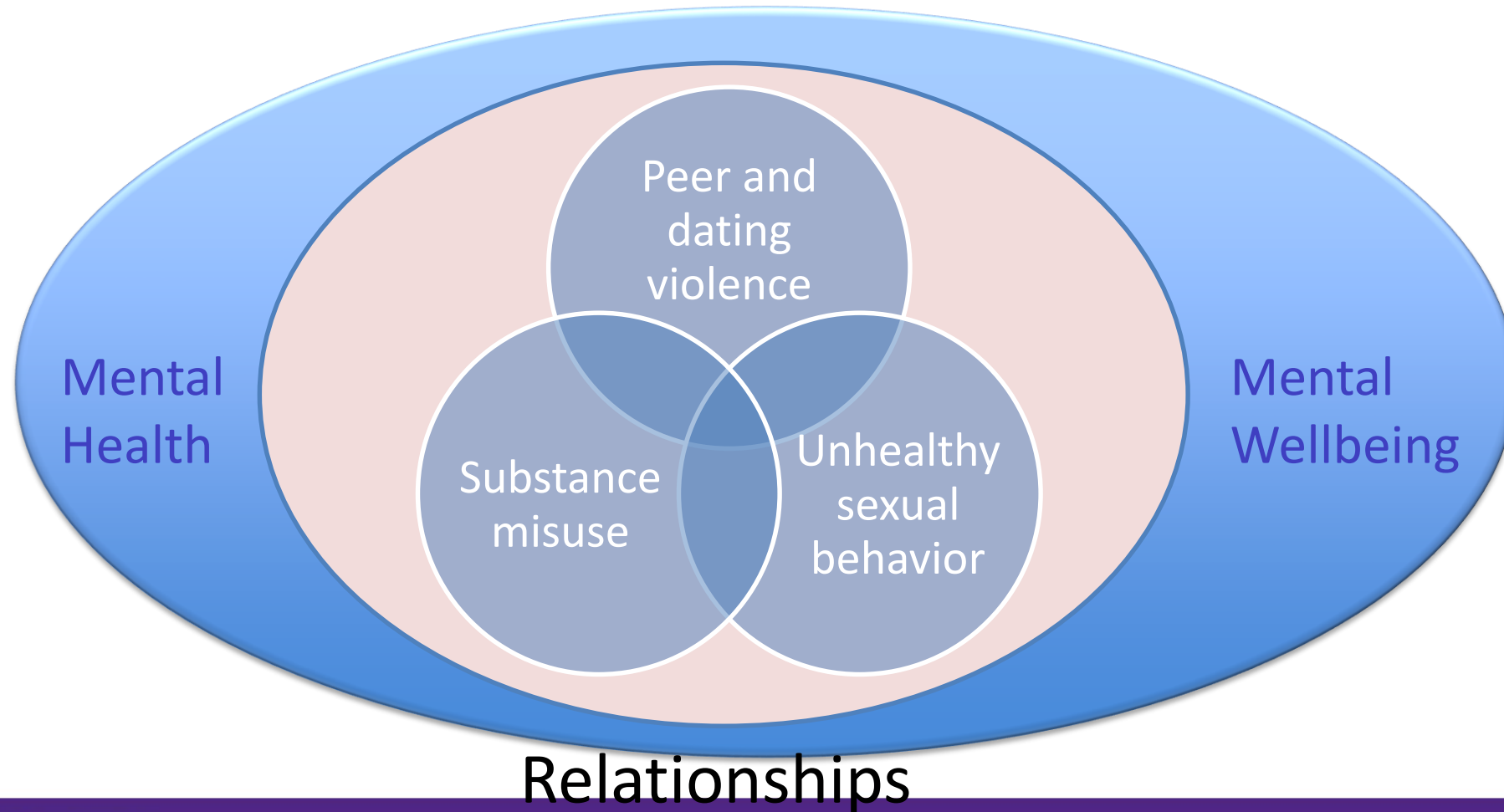


The Fourth R
Strategies for Healthy
Youth Relationships



Western
Centre for School
Mental Health

The Adolescent Risk Triad: The Relationship Connection



The Healthy Relationships PLUS (HRP) Program

- The HRP is a small group Fourth R program intended to promote positive mental health, and relationship violence and related risk behaviours

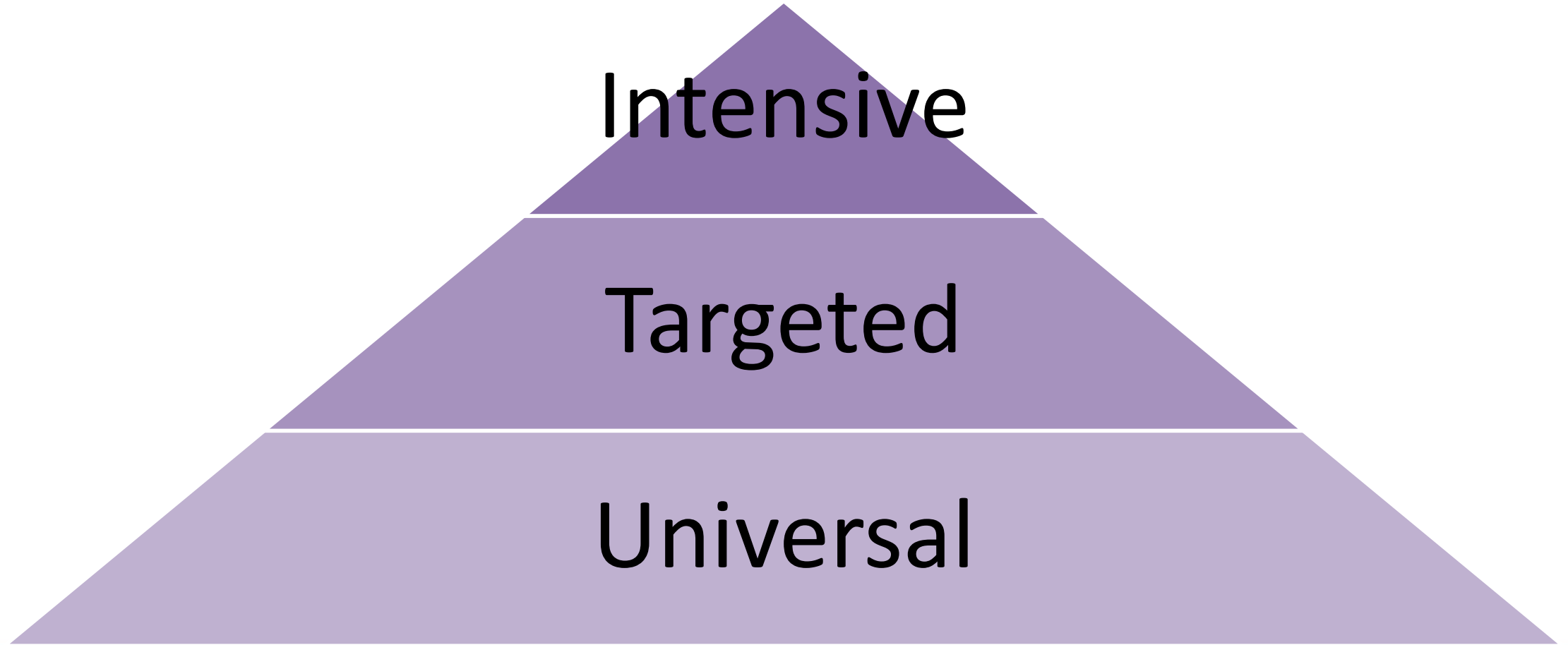


Principles of all Fourth R programs

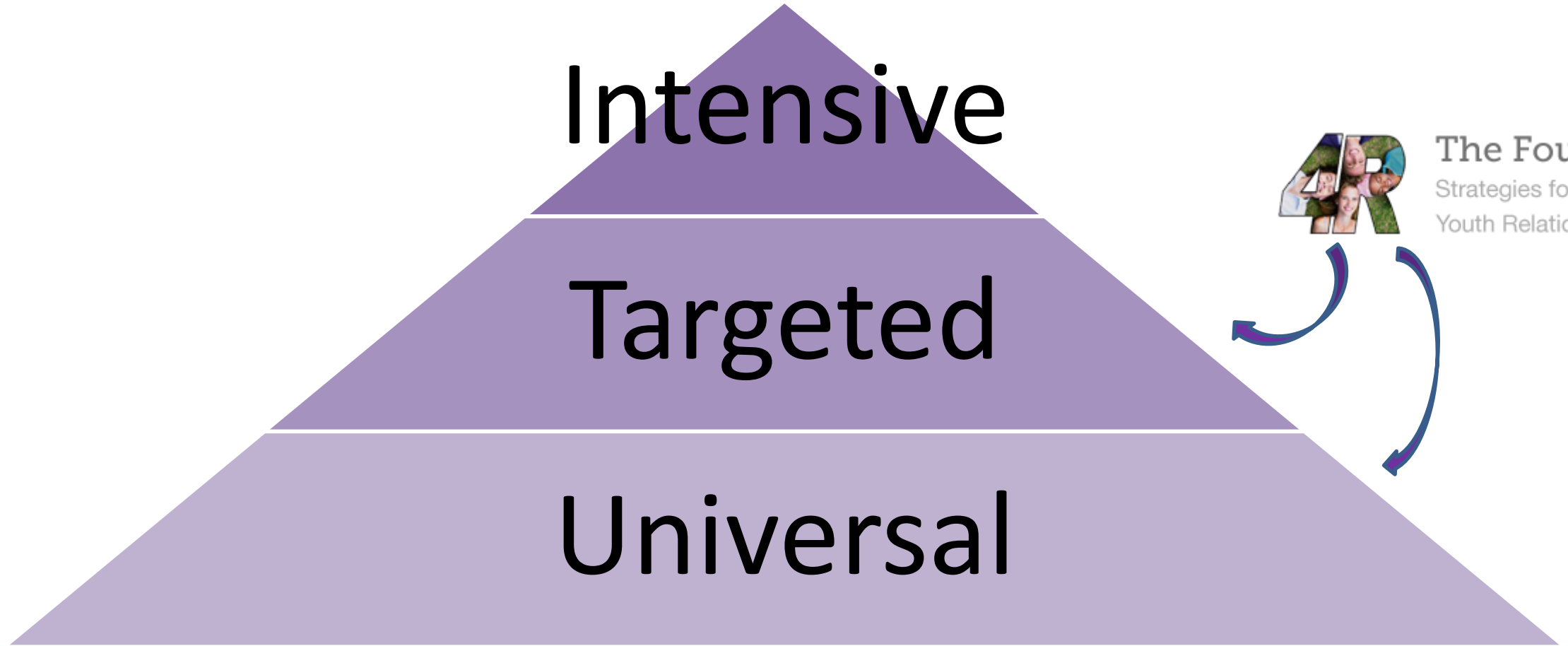
- Relationship context
- Positive youth development
- Skills development focus



Tiered Approach



Tiered Approach



The Fourth R
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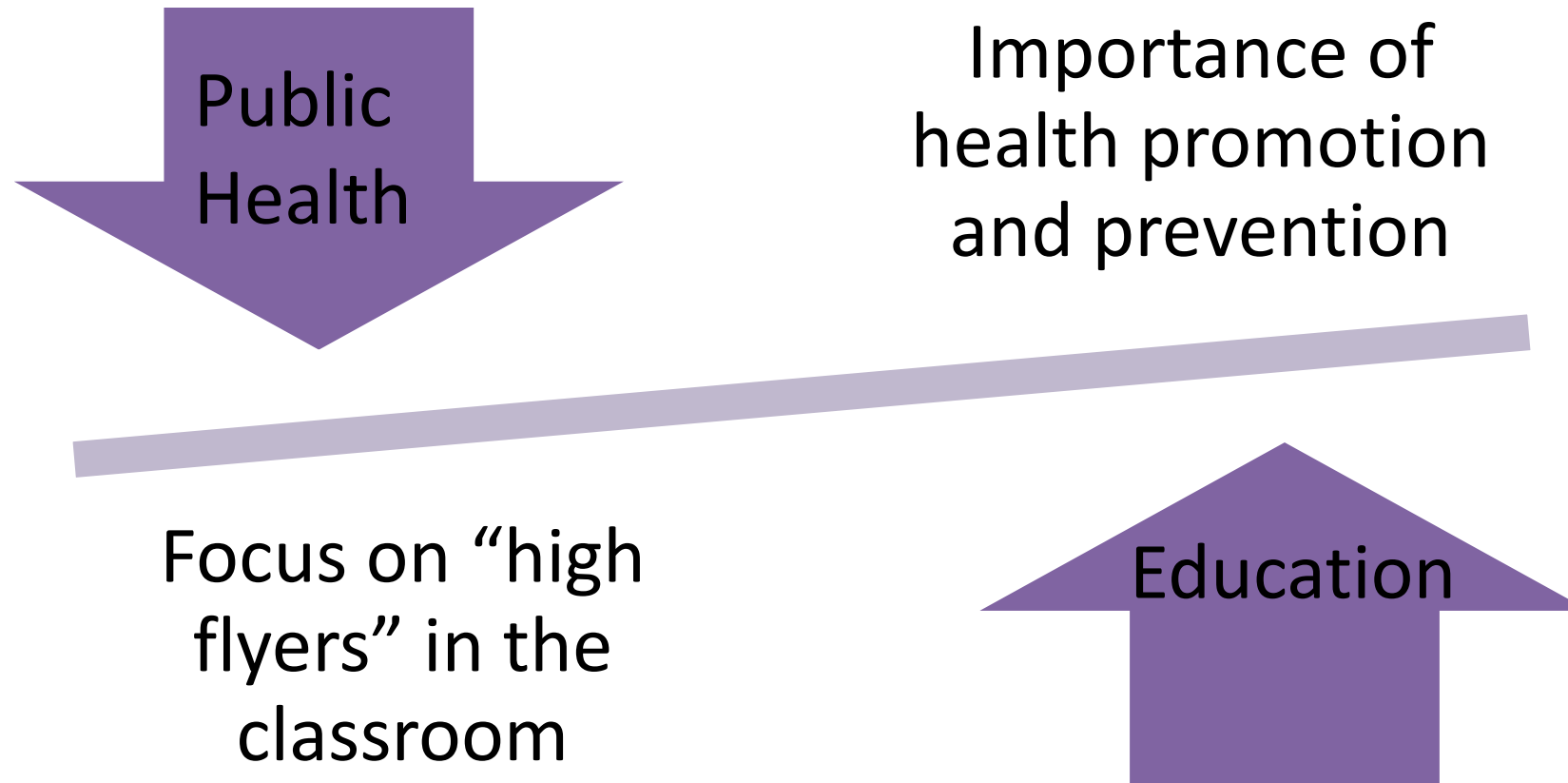


Good Vehicle for Cross-Sectoral Collaboration

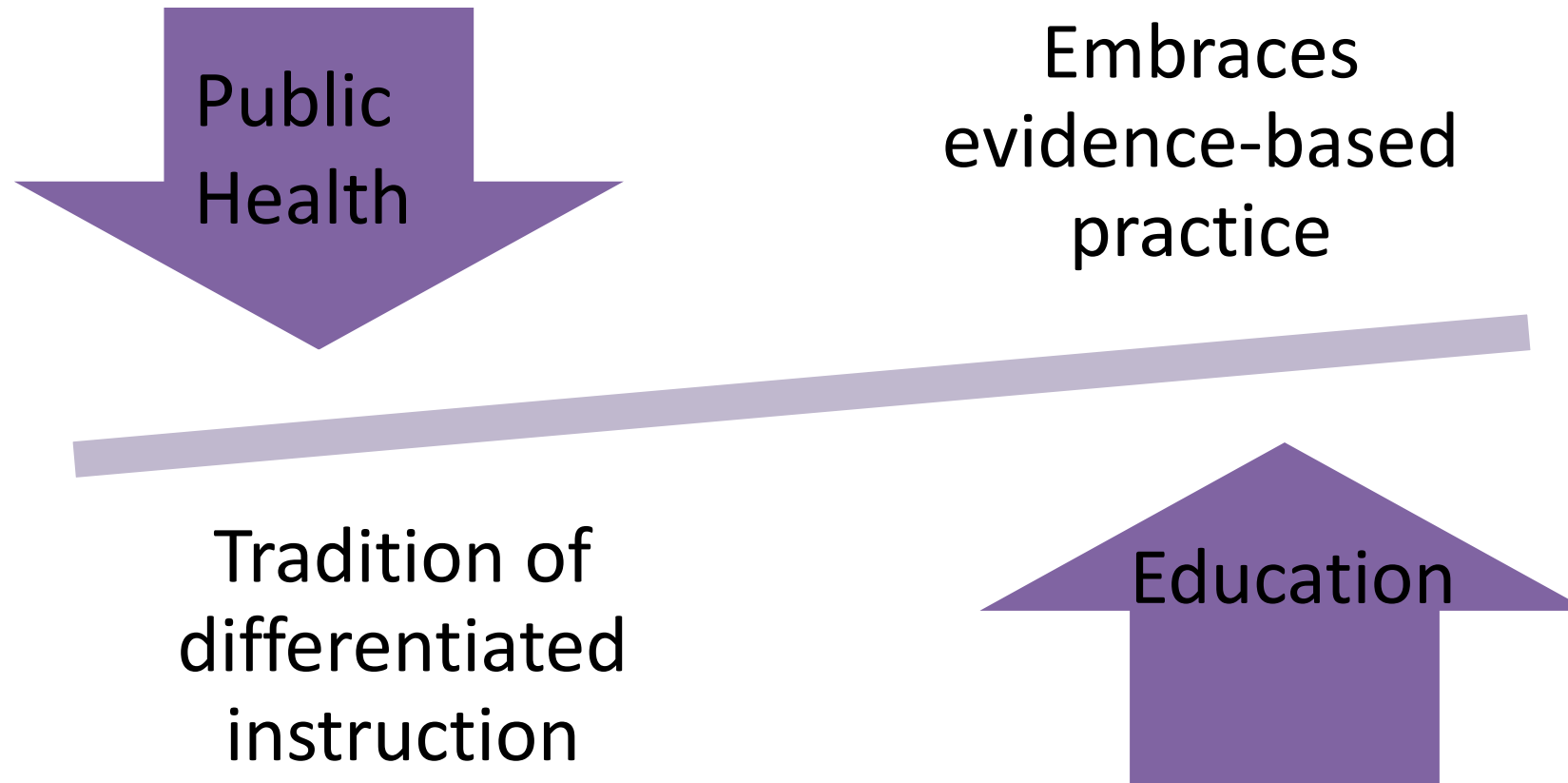
- Strong evidence base
- Multiple components appeal to different sectors
 - Educators: social and emotional learning framework
 - Health: violence prevention, safer sexual behaviour, substance use reduction
 - MH: mental health promotion
 - Community partners
- Can be implemented by educators, social workers, public health nurses, or in combination
- Public health nurses may have skills / comfort in areas where educators have gaps



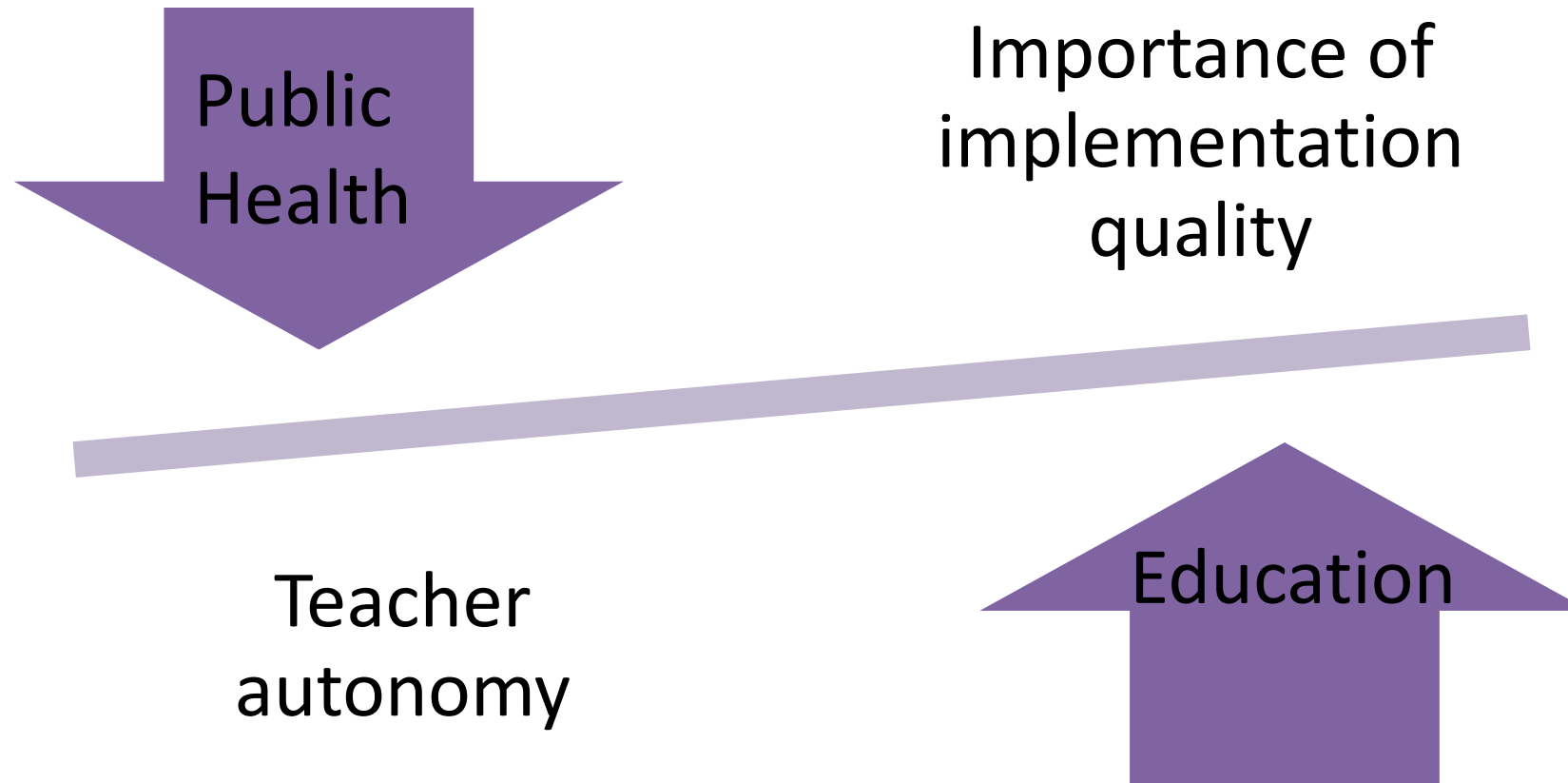
Challenges in Cross-sectoral Collaboration



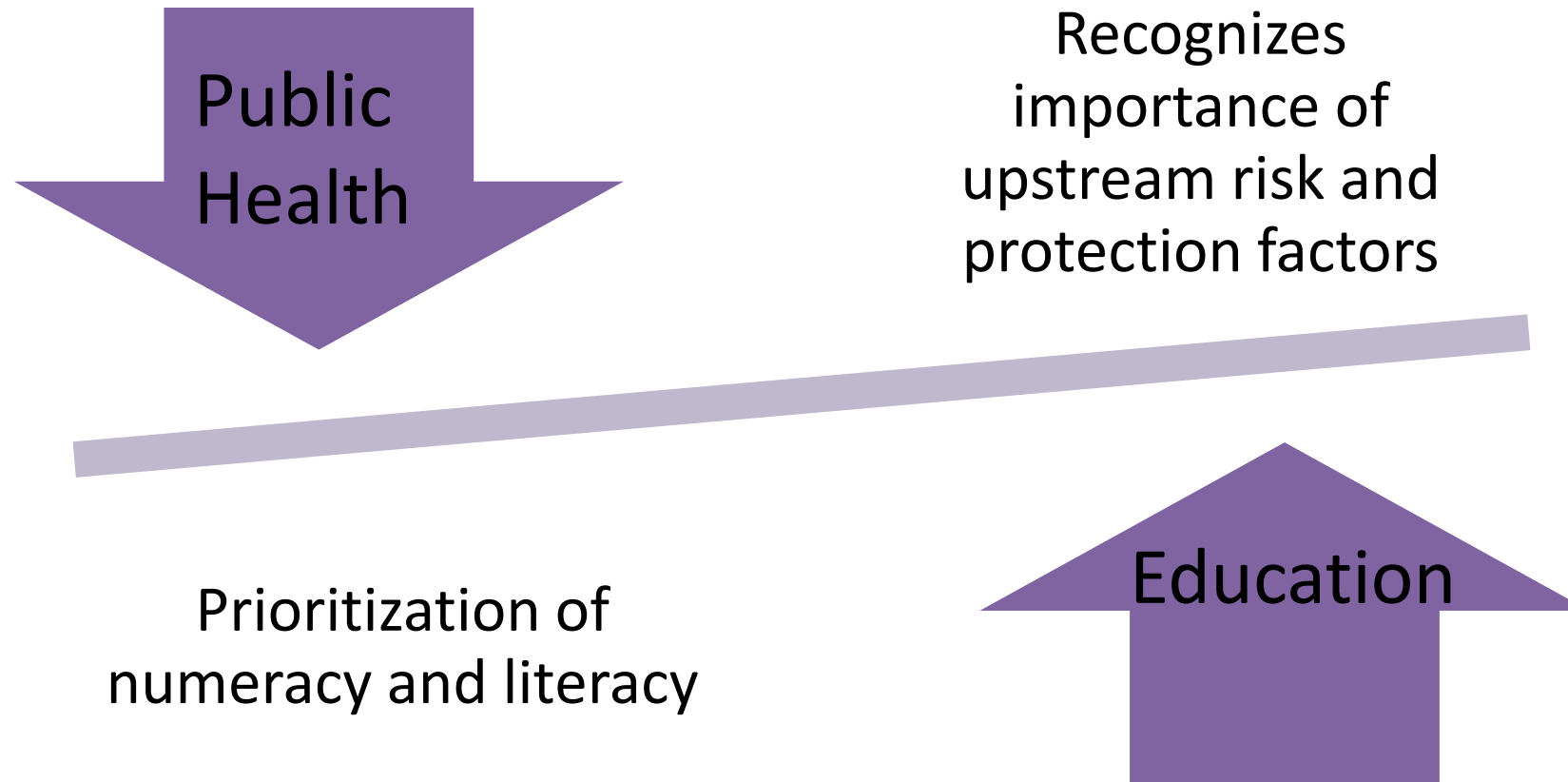
Challenges in Cross-sectoral Collaboration



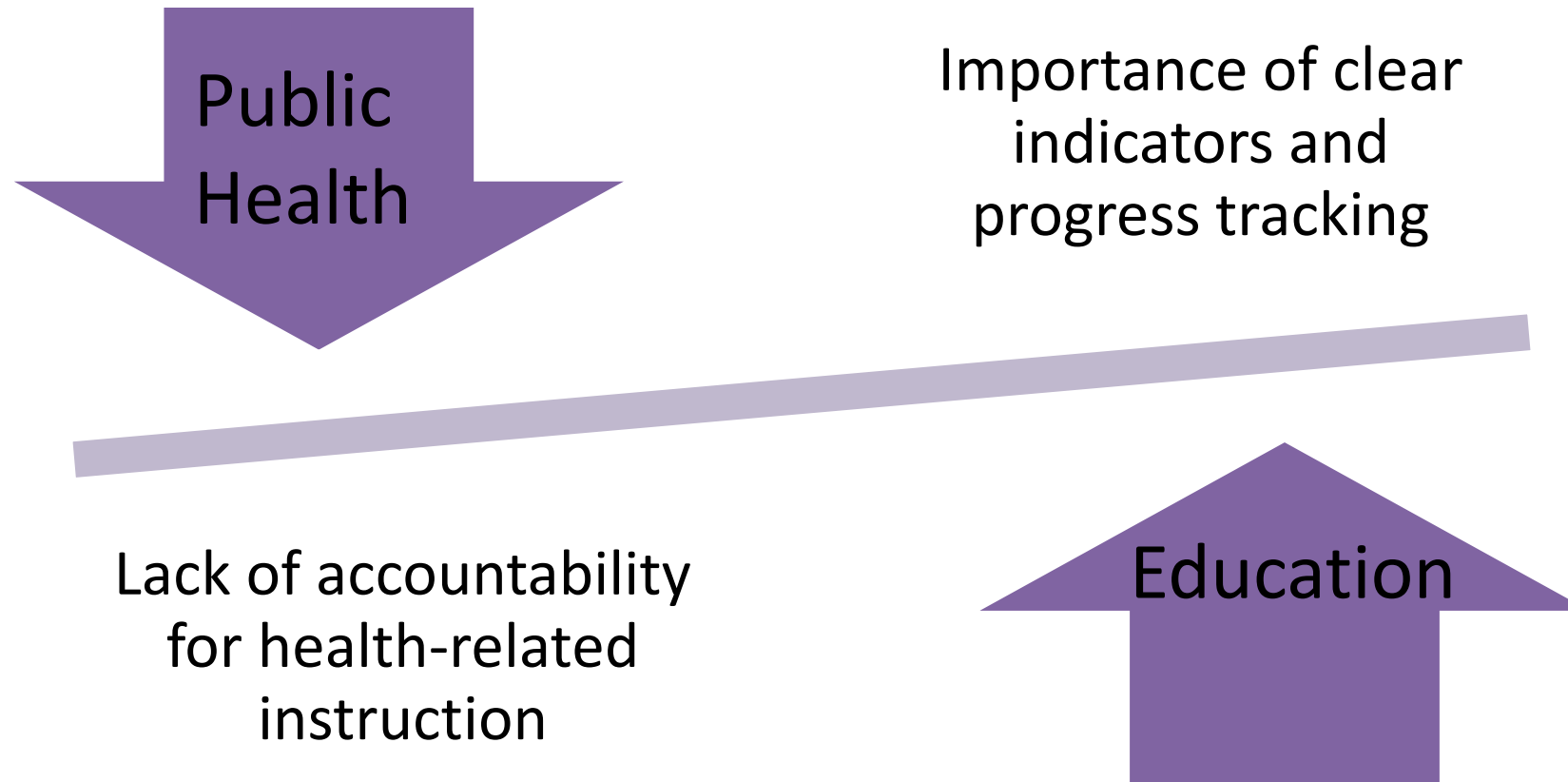
Challenges in Cross-sectoral Collaboration



Challenges in Cross-sectoral Collaboration



Challenges in Cross-sectoral Collaboration



Challenge?

- How do we increase collaboration between educators and health / public health practitioners for effective mental health promotion in schools?



Discussion Questions

- What are some of the natural connections between education and a public health approach to mental health promotion / violence prevention?
- How can we increase alignment?
- How can we promote effective partnering between educators and public health nurses at the classroom or school level?
- What are some of the opportunities to build capacity for a public health approach within the education system?





Opportunities

- Engage educators in the QI and research process – identify joint outcomes
- Good communication between partners
- Implications for teacher education
- Policy advocacy to increase accountability (i.e., marks for Health and Physical Education separately)



For more information:

- Fourth R
 - Youthrelationships.org
- Research – Centre for School Mental Health
 - csmh.uwo.ca (under Projects or Publications)
- ccrooks@uwo.ca

