

# KA ILAALI

## dadka aadka ugu nugul

### MA U TIMID ISBITAALKA INAAD QOF KUSOO BOOQATID?

Waxaa noo jooga bukaan badan oo si gaar ah ugu nugul inay cudurka qaadaan. Waxaan sidaas darteed kaa codsanaynaa inaad:

- ka warwareegtid booqashada aad noogu imaanaysid
- inaad tagin isbitaalka haddii aad astaamo cudur ka dareemaysid hawo mareenka

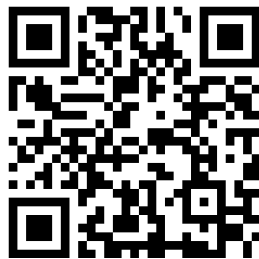
Nagu caawi inaan joojinno isqaadsinta cudurka iyo inaan ka ilaalinno dadkeena ugu nugul!

### SU'AALO MA KA QABTAA FAYRUSKA COROONA?

Waxaa jira wax badan oo ku saabsan cudurka Corona oo aad ka akhrin kartid bogga hey'adda caafimaadka dadwaynaha ee Folkhälsomyndigheten [www.folkhalsomyndigheten.se](http://www.folkhalsomyndigheten.se) iyo [1177.se](http://1177.se)



Wixii ku saabsan fayruska Corona ka eeg 1177.



Wixii ku saabsan fayruska Corona ka eeg Folkhälsomyndigheten.

### TALOOPYIN FIICAN

Haddii aad ku khasban tahay inaad cid kala hadashid fayruska Corona, wac 113 113. Haddii aad runtii u malaynasid inuu kugu dhacay Covid-19 oo aad leedahay astaamaha cudurka sida qufac maran, qandho iyo neefta oo ku dhibta, ka akhri [1177.se](http://1177.se) marka hore waxa la samaynayo. Kaddib la xiriir 1177.

- Guriga joog markii aad jirran tahay
- Gacmaha dhaqo
- Ku hindhis/qufac laabatada gacanta
- Iska ilaali inaad iska taabatid indhaha, sanko iyo afka